



8th October, 2010

BASKETBALL NSW SUPPORTS FRED PHAM AND HIS AMAZING AUSTRALIAN CANCER RESEARCH FOUNDATION FUNRAISING EFFORTS!

Basketball NSW would like to highlight the amazing work that Fred Pham has been doing in raising thousands of dollars for cancer research in Australia.

You may be asking yourself, who is Fred Pham?

Well, Fred Pham has terminal cancer and in short, he's a winner!

Diagnosed with advance soft tissue sarcoma in 2008, Mr Pham had two major surgeries, radiation therapy, and three different types of chemotherapy before he was told his cancer was not cure-able

Fred Pham, a schoolteacher and father of five, was the **top individual fundraiser (for charity) in the just completed 2010 City2Surf in Sydney.**

He raised an amazing \$31,025 for cancer research in Australia's biggest fun run - all the proceeds to the Australian Cancer Research Foundation (ACRF).

He did what he did, more than five hours for Mr Pham to walk the challenging 14 kilometre course, to raise awareness of cancer and highlight the importance of supporting research into its causes and cures.

"When I reached the finish line I kneeled down and kissed the ground," he said.

As if that amazing gesture wasn't enough, Fred's actually disappointed in not reaching his target of \$100,000!!!

SO, some very switched on young people from the Vietnamese Student's Association have come on board to help Fred reach his \$100,000 target.

They are putting together a fundraiser called the FRED PHAM 500. They are also planning on having a team in the upcoming Sydney Running Festival, Run4Fun, Melbourne Marathon, Mt Coot-tha Mousdash and much much more.

They want to get 1,500 people to donate \$50 each to help Fred to his target of \$100,000 - WOW!!

Would you like to be a member of Fred's support team with a \$50 donation?

If so, please make a credit card donation online at www.fredpham500.org.au OR direct deposit (BSB: 032061 Acct: 387962) with your name as the reference.



All donations over \$2.00 are tax deductible.

Read Fred's full story on <http://www.acrf.com.au/fred-pham-on-insight/>

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